



1. GET YOURSELF A COMFY TABLE & CHAIR

One of the essential things you should keep in mind when organizing your study space is ergonomics. Find a chair and a desk (or table) that will allow good posture.

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2. MAKE SURE EVERYTHING IS AT HAND

All of your study supplies and materials should be at hand whenever you need them. You don't want to waste your time searching for a pencil!

- Determine an area on the table for each study supply; everything should have a home.
- Keep your pencils and pens in a cup so that they would be at hand without taking up much space.
- Organize your materials by subject or course.

3. THINK OF LIGHTING & TEMPERATURE

Lighting and temperature are essential when it comes to studying.

They can be a great help or a strong distraction. Make sure to maximize your productivity!



- Natural light is ideal for studying; choose a place by the window if possible.
- If you're a night owl, experiment with the brightness levels of your lamp to find the one that suits you.
- The temperature is also important; the range between 72°F and 77°F is optimal for productivity.



4. ELIMINATE DISTRACTIONS

While studying, you'll need to prevent the impulses to clean your place, wash the dishes, do laundry, or check your Facebook messenger.

- Use your study space for studying only; this will help you avoid distracting associations.
- Put your phone away; use a traditional vocabulary and a calculator instead, when needed.
- Get rid of distracting noises; if you need music, choose something classical.



5. GET RID OF CLUTTER

Clutter is the worst distraction of all; note that this applies not only to your papers but also to the files on your computer.

- Think of some storage space to keep everything in the right place.
- Get into the habit of cleaning up your workplace regularly to get rid of unnecessary junk.
- Don't forget to keep your computer files organized.

6. MAKE YOUR STUDY SPACE INSPIRING

Remember, motivation is halfway to success! If you feel inspired when entering your study space, it will be easier for you to cope with the most challenging tasks.



- Do you feel motivated by travel photos, inspiring quotes, or the images of famous people? Think of what you like most.
- If you collect something, set your items out in your study room.
- Add a corkboard to pin flyers, tickets, and photos on.



7. USE THE COLORS THAT BOOST PRODUCTIVITY

Colors can significantly impact one's mood and productivity; each has a specific effect and suits a specific situation.

- Blue improves your communication skills and concentration.
- Red is an excellent productivity booster especially if you do something physically demanding.
- Yellow and orange add creativity and inspiration.

8. CREATE GOOD FENG SHUI IN YOUR STUDY SPACE

Exams, deadlines, essays ... Studying is often stressful. Adding some stress relievers to your study place will help you spare your nerves along the way.



- Try using round-cornered items instead of those with sharp edges; this will help reduce stress.
- A globe is also a great thing to have on your desk.
- Incorporate the five Feng Shui elements (fire, metal, water, earth, and wood) to make your place balanced.

9. CONSIDER GETTING A PLANT

Plants not only purify the air but also symbolize good luck. Isn't that what you need just before the exam?

- Bamboo and evergreens purify the air and improve the atmosphere.
- Any foliage plants are great for a study space.
- Colorful and fragrant plants are not that good, as they can be distracting.