

HOW TO STUDY ONLINE COURSES EFFECTIVELY



11 useful tips for online study success

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CHOOSE A STUDY SPACE

Choose a study space with reliable Internet access

You will need a study space where your Internet access will not be interrupted. Internet access will be particularly important during things like study sessions for your class.

CREATE A SCHEDULE

Create a study schedule

Maintaining a strict schedule is vital to success in an online course. Even though you may not be required to attend classes or lectures at particular times, you still need to keep up with the course material on your own time..

AVOID DISTRACTIONS

Be disciplined / Avoid online distractions

It can be hard to stick to a schedule for an online course. However, be strict with yourself about adhering to your schedule. Self-discipline is vital to your success in an online course.

LEARN ACTIVELY

Engage your mind

Learning happens when the neurons in your brain are active. To learn effectively, you must engage your mind. Write notes in your own words, recall information - say what you know about a topic without using notes.

STAY MOTIVATED

Find ways to motivate yourself

Use motivation tricks to get results. You could study while listening to your favorite music or picture yourself in an hour's time having completed the task and enjoying a well-earned break.

AVOID MULTI-TASKING

Do one thing at a time

Research shows that multitasking reduces the brain's ability to store new information, so if you're constantly switching between tasks, all that information will likely be going in one ear and out the other.

PRINT OUT MATERIALS

Print out any study material

Sometimes, the internet or your computer can be a distraction. It can be helpful to turn your laptop off at times to study. You should also print out things like a course schedule and syllabus.

TAKE NOTES

Take notes on online lectures

Always take notes online as you would during a physical lecture. Sit with a pen and paper and take careful, legible notes in front of your computer. Handwritten notes increase your retention of the material better than typed notes.

TEST YOURSELF

Ask yourself questions

Even if you don't have access to practice tests, you can still test yourself by writing down everything you remember after each new chapter or frequently asking yourself questions about what you're learning.

TAKE BREAKS

Take breaks as you study

It's important to take breaks as you study. Do something fun, like watch TV for a few minutes or go for a brief walk. You will find yourself feeling refreshed and recharged after a quick break.

MAKE FRIENDS

Ask questions, engage

Establish connections with other online learners. You can meet up and study together; share your challenges with them; and try collaborative learning as it promotes student engagement, and deeper understanding.

Sources:

<https://www.wikihow.com/Study-for-an-Online-Class>

<https://onlinestudyaustralia.com/top-5-tips-for-online-study/>